

Face facial treatments

◆ **wave's signature facial** 60 minutes ~ Bds \$175

A unique revitalizing vitamin enriched treatment to bring radiance and uniformity to the skin for men, women and teens.

◆ **hydrooptimale facial** 75 minutes ~ Bds \$205

(dehydrating/anti-ageing) A deep cleansing, moisturising and oxygenating facial that encourages cellular renewal to revitalise skin. Gentle stimuli carry plant based ingredients deep into the skin to restore the skin's natural beauty.

◆ **eye contour treatment** 30 minutes ~ Bds \$90

The eyes require special attention ~ reducing and minimizing the appearance of wrinkles and dark circles. Age, hormones and stress place a tremendous effect of destruction to the eye's skin tone.

◆ **back facial** 45 minutes ~ Bds \$140

Outdoor sports, lack of attention can create clogged pores. Rejuvenate the skin with deep cleanse exfoliation followed by purifying mask for complete skin revitalization.

Spa spa packages

◆ **men's facial** 1 hour ~ Bds \$150

Effectively renew skin tone and texture. Cleanse pores, soothe irritation and hydrate skin with our signature facial.

◆ **spa tester** 1 hour 15 minutes ~ Bds \$165

Combination of a 'spa mini facial' and a 'back, neck & shoulder massage', leaving skin cleansed, youthful and the body de-stressed and relaxed.

◆ **jet lag** 2 hours 30 minutes ~ Bds \$275

A little taste of everything such as a **manicure, pedicure** and a **back massage**. A fabulous introduction to the wonderful world of spa.

◆ **tranquillity** 2 hours 45 minutes ~ Bds \$350

It all starts here, with a deep relaxing **back massage** using smooth **volcanic stones** which are heated, followed by one of our **facials**, which restores the skin's natural beauty. This treatment is finished with pampering those tired feet with our **pedicure**.

◆ **spa deluxe** 3 hours 15 minutes ~ Bds \$465

Complete your vacation with a **deluxe body polish**, eliminating any dead skin cells and revitalizing it with a **full body massage** to help those aching muscles from any water sport activities! Finish with a **deluxe french manicure** leaving those hands soft & polished with a natural look.



Massages massages

- ◆ **foot and ankle massage** 20 minutes ~ Bds \$70
This will ease away aches and pains by pampering your feet & ankles, utilising both pressure points and Swedish massage techniques.
- ◆ **back, neck and shoulder massage** 30 minutes ~ Bds \$105
Come and enjoy a back, neck and shoulder massage with traditional Swedish techniques to ease away your tension and promote relaxation.
- ◆ **deep tissue back massage** 30 minutes ~ Bds \$135
- ◆ **well-being full body massage** 60 minutes ~ Bds \$240
Pamper yourself with a traditional Swedish massage that employs long flowing strokes to ensure deep relaxation and improve circulation. Other techniques are combined based on your specific areas of concern.
◆ this treatment also available in your room ~ Bds \$275
- ◆ **aromatherapy** 60 minutes ~ Bds \$250
This treatment will take you on a new dimension of therapeutic possibilities. It will relieve stress and relax your body, mind and soul.
- ◆ **stone therapy** 90 minutes ~ Bds \$275
The deep penetrating heat of volcanic basalt stones which permeate key 'chakra' points of the body to help balance energy. An experience not to be missed.
- ◆ **deep tissue massage** 60 minutes ~ Bds \$275
Great for relief of muscular tension and general relaxation. A variety of massage techniques to suit your needs.
◆ this treatment also available in your room ~ Bds \$330
- ◆ **massage for two** 60 minutes ~ Bds \$415
Enjoy the benefits of a massage with your significant other, or even a friend. A relaxing massage designed to ease the tension away using gentle rhythmic movements.
◆ this treatment also available in your room. ~ Bds \$500

Body body treatments

◆ california sunless tan

20 minutes ~ Bds \$100

Discover the perfect sunless tan.

◆ 'delicious' body scrub

45 minutes ~ Bds \$240

This ginger body scrub helps boost circulation and exfoliates your skin. It leaves the skin with that glowing effect while the essential oils are moisturized leaving you refreshed.

◆ hot sugar body polish

60 minutes ~ Bds \$255

This indulgent body scrub warms skin while it is applied, and the natural sugar gently removes dead skin cells and refines the texture of skin leaving it feeling soft and smooth.

◆ nourishing body ritual

80 minutes ~ Bds \$275

Your journey commences with the application of a warmed exfoliating cream. Inspired by Japanese bath tradition, an exfoliating towel massage softens skin and invigorates the body, followed by a body massage of aromatic Shea Butter creating blissful relaxation.



◆ **in-room treatments** – the massage therapist will come to your room at your request to offer select therapeutic services.

opening hours

Monday to Saturday 10:00am to 6:00pm
(Sunday by appointment only. Book by Saturday)

◆ **cancellation policy** – 50% charge to your room under 24 hour notice.

Hand & Foot

luxury hand & foot rituals

◆ palm ritual 75 minutes ~ Bds \$115

This luxurious manicure begins with a nourishing exfoliation from elbow to hand. Your fingers and nails are pampered with a warm paraffin treatment which moisturizes the skin and nails.

◆ cloud walking ritual 80 minutes ~ Bds \$140

This divine spa pedicure is perfect for easing away those aches and pains. Pamper and prune those hard and brittle nails, nourish and feed, replace and repair. Hot oils are massaged into the feet to restore suppleness and clarity.

◆ manicure 45 minutes ~ Bds \$70 ~ with paraffin Bds\$115

Have your nails shaped, followed by a peppermint soak, buff and polish.

◆ pedicure 60 minutes ~ Bds \$110 ~ with paraffin Bds\$135

Have your nails shaped, followed by a peppermint soak, buff and polish.

◆ shellac nails manicure Bds\$110 ~ pedicure Bds\$150
french repolish ~ Bds\$70

◆ polish change normal Bds\$40 ~ french Bds\$50



Hair

hair removal / waxing

◆ facial wax	Bds \$80	◆ Brazilian	Bds \$110
◆ lip and chin wax	Bds \$55	◆ brow shape	Bds \$30
◆ arm wax	Bds \$85	◆ brow wax	Bds \$40
◆ underarm wax	Bds \$55	◆ lash tint	Bds \$50
◆ full leg wax	Bds \$110	◆ brow tint	Bds \$45
◆ half leg wax	Bds \$70	◆ male back wax	Bds \$100
◆ bikini line wax	Bds \$55	◆ male chest wax	Bds \$80



Style hair services / styling

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| ◆ shampoo, blow dry and set | Bds \$100 & up |
| ◆ shampoo, cut and blow dry | Bds \$165 |
| ◆ shampoo, restyle, cut and blow dry | Bds \$175 |
| ◆ shampoo and cut | Bds \$90 |
| ◆ up-do | Bds \$165 & up |
| ◆ men's cut | Bds \$80 |
| ◆ straighteners | Bds \$30 |

Colour colouring

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| ◆ semi-permanent colour | Bds \$165 |
| ◆ permanent colour - retouch | Bds \$165 |
| ◆ highlights cap - full head | Bds \$275 |
| ◆ highlights foil - full head | Bds \$275 |

Make-Over make up

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| ◆ make-up application | Bds \$165 | ◆ spray tan | Bds \$100 |
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